

# Your Guide to USANA Supplements

For a personal health assessment, please visit  
[www.truehealthassessment.com](http://www.truehealthassessment.com)

## ESSENTIALS

### Mega Antioxidant <sup>MY</sup>



- top-rated daily vitamin and antioxidant supplement for adults
- formulated with maximum strength vitamin D

### Chelated Mineral <sup>MY</sup>



- top-rated daily mineral supplement for adults
- provides essential minerals in highly bioavailable forms at safe and effective dosages

### AO Booster™ <sup>MY</sup>



- boosts antioxidant protection
- contains resveratrol and grape-seed extract

## Cardiovascular System

### Proflavanol® C<sup>100</sup> <sup>MY</sup> H



- shown to support sound cardiovascular health\*
- helps support balanced immune function\*

### Proflavanol® C<sup>200</sup> <sup>MY</sup> H



- double-strength formula of USANA's powerful bioflavonoid supplement
- exclusively offered in MyHealthPak

### CoQuinone® 30 <sup>MY</sup>



- an optimal combination of coenzyme Q10 and alpha-lipoic acid
- provides ingredients vital for cardiovascular health, sound muscle function, and healthy nerve function\*

### CoQuinone® 100 <sup>MY</sup>



- more than three times the strength of regular CoQuinone 30
- exclusively offered in MyHealthPak

<sup>MY</sup> Available for MyHealthPak™ H Hybrid

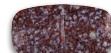
## Nervous System

### Visionex® <sup>MY</sup>



- advanced eye health supplement\*
- antioxidant formula designed to protect the delicate tissues of the eye from photo-oxidation\*

### Visionex® DS <sup>MY</sup>



- double the strength of Visionex
- exclusively offered in MyHealthPak

### Ginkgo-PS™ <sup>MY</sup>



- unique *Ginkgo biloba* formula supporting acute memory function and cognition\*

## Endocrine System

### PhytoEstrin™ <sup>MY</sup>



- supplement to support temporary relief from peri-menopausal symptoms\*

### Pure Rest™



- fast-acting melatonin supplement
- promotes the body's natural sleep and wake cycles\*

### Palmetto Plus™ <sup>MY</sup>



- supports long-term prostate health\*

## Skeletal System

### Active Calcium™ <sup>MY</sup>



- comprehensive bone health formula
- helps maintain strong, mineral-rich bones\*

### Active Calcium™ Chewable



- bone health formula in a chewable for adolescents and adults
- can be used as an effective antacid that provides, rather than depletes, calcium

### Procosa® <sup>MY</sup>



- groundbreaking formula that supports optimal joint health\*
- delivers glucosamine at doses shown to help maintain healthy cartilage and joints\*

## Cellular Function

### BiOmega™ <sup>MY</sup>



- high-quality, ultra-pure fish oil supplement
- supports sound cardiovascular health and joint health\*

### Vitamin D <sup>MY</sup>



- helps to prevent vitamin D deficiency
- promotes strong bones and teeth\*

### Booster C 600™



- lemon-berry flavored drink mix for an occasional immune system boost

## Digestive System

### USANA® Probiotic



- unique blend of two probiotic bacteria strains, clinically shown to survive the harsh acidic environment of the stomach
- promotes healthy digestion and sound immune function\*

### USANA® Digestive Enzyme



- helps support healthy digestion\*
- helps relieve occasional gas, infrequent heartburn, mild indigestion, and stuffed feeling after eating a large meal\*
- supports the body's natural detoxification processes\*

### Hepasil DTX™ H <sup>MY</sup>



- promotes and balances the body's natural detoxification processes\*
- helps protect against oxidative stress\*

### Fibergy® Plus



- supports good digestive health\*
- promotes regularity\*
- supports heart health\*

## Children's Health

### Body Rox™ <sup>MY</sup>



- daily vitamin, mineral, and antioxidant supplement for teenagers
- helps compensate for teens' erratic eating habits

### BiOmega™ Jr.



- omega-3 supplement in an orange-pineapple flavored gel
- supports healthy brains and bodies\*

### Usanimals™



- daily vitamin, mineral, and antioxidant supplement for children ages 24 mos. to 12 yrs.
- supports healthy growth and development\*

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.